

## Daily KS1 Structured Timetable

This is to help structure your child's time at home. It is important to keep the skills being taught in the classroom as well as continuing to develop as individuals and citizens.

Time	Focus	Suggested Activities
9am-9.30am	<b>Active start</b>	YouTube- access The Body Coach TV PE with Joe. (30 minute daily videos) Cosmic Kids Yoga BBC Dance - Let's Move
9.30am-10am	<b>Diary of a St Mary's child</b>	Draw a picture to share thoughts about the last day. Can you write a sentence or sentences to show what you did? Share stories of unusual happenings, silly or proud moments, questions or anything else you would like to share.
10-11am	<b>Academic time</b>	Check your home learning pack on the school website <a href="http://www.stmaryspri.co.uk">www.stmaryspri.co.uk</a>
11-12pm	<b>Creative time</b>	Cooking, baking, listening to or playing music, building Lego, drawing or crafting.
<b>LUNCH TIME</b>		
1pm-1.30pm	<b>Reading</b>	Read aloud to an adult and rehearse your phonics sounds. Get an adult or older sibling to read to you. Take the time to discuss new words and making sure you fully understand what is happening.
1.30pm-2pm	<b>Academic Time</b>	Check your home learning pack on the school website <a href="http://www.stmaryspri.co.uk">www.stmaryspri.co.uk</a>
2pm-3pm	<b>Fresh Air Frenzy</b>	Explore the outdoors. Go on a nature walk. Spring is here! What changes can you see each day. Maybe use the time to plant something. Why not try and build a den. See the list below.
3pm-4pm	<b>Creative time</b>	Cooking, baking, listening to or playing music, building Lego, drawing or crafting.

Fresh air frenzy list of things to do:

- Hug a tree
- Build a den
- Go welly wandering
- Fly a kite
- Eat a picnic outside
- Explore on wheels
- Have fun with sticks
- Make a mud creation
- Wear a wild crown
- Create some wild art
- Go on a scavenger hunt
- Make friends with a bug
- Go cloud watching
- Make a home for wildlife
- Help a plant to grow
- Watch a bird