

Daily KS2 Structured Timetable

This is to help structure your child's time at home. It is important to keep the skills being taught in the classroom as well as continuing to develop as individuals and citizens.

| Time | Focus | Suggested Activities |
|-------------------|-----------------------------------|---|
| 9am-9.30am | Active start | YouTube- access The Body Coach TV PE with Joe. (30 minute daily videos) Cosmic Kids Yoga |
| 9.30am-10am | Diary of a St Mary's child | Create a diary to share thoughts of the last day. Share stories of unusual happenings, silly or proud moments, questions or anything else you would like to share. |
| 10-11am | Academic time | Check your home learning pack on the school website www.stmaryspri.co.uk |
| 11-12pm | Creative time | Cooking, baking, listening to or playing music, building Lego, drawing or crafting. |
| LUNCH TIME | | |
| 1pm-1.30pm | Reading | Read aloud to an adult and rehearse your expression. Take the time to discuss new words and making sure you fully understand what is happening. |
| 1.30pm-2pm | Academic Time | Check your home learning pack on the school website www.stmaryspri.co.uk |
| 2pm-3pm | Fresh Air Frenzy | Explore the outdoors. Go on a nature walk. Spring is here! What changes can you see each day. Maybe use the time to plant something. Why not try and build a den. See the list below. |
| 3pm-4pm | Help at Home | What can you do to help around the house? You may wish to make your own timetable of things you can do in this time. |

Fresh air frenzy list of things to do:

- Hug a tree
- Build a den
- Go welly wandering
- Fly a kite
- Eat a picnic outside
- Explore on wheels
- Have fun with sticks
- Make a mud creation
- Wear a wild crown
- Create some wild art
- Go on a scavenger hunt
- Make friends with a bug
- Go cloud watching
- Make a home for wildlife
- Help a plant to grow
- Watch a bird