

Daily EYFS Structured Timetable

This is to help structure your child's time at home. It is important to keep the skills being taught in the classroom as well as continuing to develop as individuals and citizens.

Time	Focus	Suggested Activities
9am-9.30am	Active start	YouTube- access The Body Coach TV PE with Joe. (30 minute daily videos) Cosmic Kids Yoga BBC Dance - Let's Move
9.30am-10am	Drawing time	Draw a picture.
10-10.30am	Academic time	Check your home learning pack on the school website www.stmaryspri.co.uk
10.30-12pm	Creative time	Cooking, baking, listening to or playing music, building Lego, crafting, playing with your favourite toy.
LUNCH TIME		
1pm-1.15pm	Reading	Read aloud to an adult and rehearse your phonics sounds.
1.15pm-2.45pm	Creative time	Cooking, baking, listening to or playing music, building Lego, crafting, playing with your favourite toy.
2.45pm-3.45pm	Fresh Air Frenzy	Explore the outdoors. Go on a nature walk. Spring is here! What changes can you see each day. Maybe use the time to plant something. Why not try and build a den. See the list below.
3.45pm-4pm	Reading	Get an adult to read to you.

Fresh air frenzy list of things to do:

- Hug a tree
- Build a den
- Go welly wandering
- Fly a kite
- Eat a picnic outside
- Explore on wheels
- Have fun with sticks
- Make a mud creation
- Wear a wild crown
- Create some wild art
- Go on a scavenger hunt
- Make friends with a bug
- Go cloud watching
- Make a home for wildlife
- Help a plant to grow
- Watch a bird